





# July 2010 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1 B-Grits and Eggs, Orange juice, Cold Milk</p> <p>L-Ham and Cheese Sandwiches, Mixed Vegetables, Mixed Fruit, Cold Milk</p> <p>S-Vanilla Wafers, Cold Milk</p>	<p>2 <b>CLOSED FOR INDEPENDENCE DAY</b></p> 
<p>5 <b>CLOSED FOR INDEPENDENCE DAY</b></p> 	<p>6 B-Apple Jacks Cereal, Orange Juice, Cold Milk</p> <p>L-Chicken Wrap w/Cheese, Lettuce, Tomato, Mixed Vegetables, Pear Halves, Cold Milk</p> <p>S-Brownies, Diced Peaches</p>	<p>7 B-French Toast Sticks, Applesauce, Orange Juice, Cold Milk</p> <p>L-Chicken Patty on Bun, Lettuce, Tomato, Pickles, Sweet Peas, Baked Apples, Cold Milk</p> <p>S-Jell-O w/Fruit, Pretzels</p>	<p>8 B-Buttered Toast, Apple Sauce, Cold Milk</p> <p>L-Bologna and Cheese Sandwiches, Orange Slices, Mixed Vegetables, Cold Milk</p> <p>S-Diced Peaches, Vanilla Wafers</p>	<p>9 B-Banana Nut Muffins, Orange Juice, Cold Milk</p> <p>L-Corn Dogs, French Fries, Green Beans, Diced Peaches, Cold Milk</p> <p>S-Pretzel Sticks, Pineapple Chunks</p>
<p>12 B-Cocoa Puffs Cereal, Cold Milk</p> <p>L-Baked Chicken, Mashed Potatoes, Sweet Peas, Fruit Cocktail, Hot Rolls, Cold Milk</p> <p>S-Gold Fish, Raisin Cups</p>	<p>13 B- Cocoa Puffs Cereal, Mixed Fruit, Cold Milk</p> <p>L-Fish Sticks, Baked Beans, Coleslaw, Corn Bread, Diced Peaches, Cold Milk</p> <p>S-Chocolate Chip Cookies, Applesauce</p>	<p>14 B-Buttered Toast, Applesauce, Orange Juice, Cold Milk</p> <p>L-Beef Tacos in a Shell w/Lettuce, Tomato, Cheese, Corn, Pear Halves, Cold Milk</p> <p>S-Fresh Oranges, Graham Crackers</p>	<p>15 Hot Fluffy Pancakes, Orange Juice, Cold Milk</p> <p>L-Pepperoni Pizza, Peas and Carrots, Baked Apples, Chocolate Cake, Cold Milk</p> <p>S-Pretzels, Pear Slices</p>	<p>16 B- Grits and Eggs, Orange Juice, Cold Milk</p> <p>L-Baked Turkey-Ham, Macaroni and Cheese, Sweet Peas, Baked Apples, Hot Rolls, Cold Milk</p> <p>S-Brownies, Mixed Fruit</p>
<p>19 B-Cheerios Cereal, Cold Milk</p> <p>L-Hot Dog w/Bun, French Fries, Apple Sauce, Steamed Carrots, Cold Milk</p> <p>S-Graham Crackers and Cheese</p>	<p>20 B-Cocoa Puffs Cereal, Apple Juice, Cold Milk</p> <p>L-Ham and Cheese Sandwiches, Steamed Corn, Fresh Apples, Chewy Brownies, Cold Milk</p> <p>S-Chocolate Chip Cookies, Applesauce</p>	<p>21 B-Blueberry Muffins, Mixed Fruit, Cold Milk</p> <p>L-Turkey and Cheese Sandwiches, French Fries, Green Beans, Pear Halves, Cold Milk</p> <p>S-Chocolate Chip Cookies, Apple Sauce</p>	<p>22 B-Cinnamon Toast, Apple Sauce, Cold Milk</p> <p>L-Corn Dogs, French Fries, Green Beans, Diced Peaches, Cold Milk</p> <p>S-Chewy Brownie, Cold Milk</p>	<p>23 B-Sausage Biscuit, Apple Juice, Cold Milk</p> <p>L-Cheese Pizza, Garden Salad w/Lettuce, Tomatoes, Cucumber, Apple Slices, Cold Milk</p> <p>S-Fruit Cocktail, Graham Crackers</p>
<p>26 B-Cocoa Puffs Cereal, Apple Juice, Cold Milk</p> <p>L-Spaghetti w/meat sauce, Garden Salad w/Lettuce, Tomatoes, Cucumbers, Garlic Bread, Sliced Peaches, Cold Milk, Garlic Bread</p> <p>S-Jell-O w/Fruit, Vanilla Wafers</p>	<p>27 B-Cheerios Cereal, Applesauce, Cold Milk</p> <p>L-Fish Sticks, Baked Beans, Coleslaw, Corn Bread, Diced Peaches, Cold Milk</p> <p>S-Pretzel Sticks, Pineapple Chunks</p>	<p>28 B-Sausage Biscuits, Orange Juice, Cold Milk</p> <p>L-Chicken Nuggets, Mixed Vegetables, Pineapple Chunks, Hot Rolls, Cold Milk</p> <p>S-Graham Crackers and Diced Peaches</p>	<p>29 B-Grits and Eggs, Orange juice, Cold Milk</p> <p>L-Cheese Pizza, Green Beans, Cucumber, Pineapple Chunks, Cold Milk</p> <p>S-Tortilla Chips, Cheese Sauce</p>	<p>30 B-Pancakes w/Syrup, Apple Juice, Cold Milk</p> <p>L-Ham &amp; Cheese Sandwiches, Sweet Corn Mixed Fruit, Cold Milk</p> <p>S-Graham Crackers and Milk</p>

**Menu substitutions may occur occasionally. These substitutions will still meet the food group requirements. We apologize for any inconvenience.**

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