#### **Trinity Child Care**

## January 2026

#### Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
ž	ž	· ·	1/01/26	1/02/26
A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY		No School Holiday Break  Happy  New Year  2026	No School Holiday Break  Happy New Year 2026
1/05/26	1/06/26	1/07/26	1/08/26	1/09/25
^ Multi Grain Cheerios Assorted cereal Fresh Orange Cold milk	^Blueberry Muffin Fresh Banana Cold milk	Buttered Toast W/ Jelly Turkey Sausage links Fresh Orange Slices Cold milk	Eggo Waffles with scrambled eggs Syrup Fresh apple Slices Cold milk	^ Multi Grain Cheerios Fresh Orange wedges Cold milk
1/12/26	1/13/26	1/14/26	1/15/26	1/16/26
^ Multi Grain Cheerios Assorted cereal Fresh Orange Cold milk	Turkey Sausage Biscuit Fresh Banana Fresh Apple slices Cold milk	Breakfast pizza Banana Orange slices Cold milk	Dannon Yogurt and ^Graham Crackers Fresh apple Cold milk	^ Multi Grain Cheerios Fresh banana Cold milk
1/19/26	1/20/26	1/21/26	1/22/26	1/23/26
No School Holiday Break  Martin Luther King Jr	Buttered Toast W/ Jelly Turkey Sausage links Fresh Orange Slices Cold milk	^Blueberry Muffin Fresh Banana Cold milk	Eggo Waffles with scrambled eggs Syrup Fresh Orange Slices Cold milk	^Multi Grain Cheerios Applesauce Cold milk
1/26/26	1/27/26	1/28/26	1/29/26	1/30/26
^ Multi Grain Cheerios Fresh Orange Cold milk	Breakfast pizza Banana Cold milk	Turkey Sausage Biscuit Fresh Banana Cold milk	Dannon Yogurt and ^Graham Crackers Fresh apple Cold milk	^ Multi Grain Cheerios Orange slices Cold milk

\*\* MENU SUBJECT TO CHANGE\*\*

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<sup>\*\*</sup> Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare: 1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 6 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from "The Parental Request Form" Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A "Medical Statement" Which Is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily

#### **Trinity Child Care**

### January 2026

#### Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1/01/26	1/02/26
A VARIETYOF 1%	WHOLE GRAIN		No School Holiday	No School Holiday
MILK AND	ENTRÉE IS		Break	Break
SOYMILK IS	SERVED DAILY		William . * *	William * Ministra
SERVED DAILY			Hanny .	Hanny .
			* New Year *	* New Year
			2026	2026
			*** ** * * * * * * * * * * * * * * * *	* * * * * * * * * * * * * * * * * * * *
1/05/26	1/06/26	1/07/26	1/08/26	1/09/25
^Chicken Nuggets	Chicken Alfredo on	Walking Taco	Beef Chili ^Wheat	^Corn Dog
^Wheat roll	Penne Noodle	<b>Ground Beef Topped</b>	Crackers	French Fries
French fries	^Wheat Roll	W/Shredded	Sliced Carrots	Baked Beans
Carrots	Baked Broccoli	Romaine & Cheese	Diced Pears	Pineapple
Sliced Apples	Mixed Fruit	on top ^Corn Chips,	Cold Milk	Cold Milk
Cold Milk	Cold Milk	Corn		
		Diced Peaches		
	4420	Cold Milk	4 14 = 15 2	4.4.6.6
1/12/26	1/13/26	1/14/26	1/15/26	1/16/26
Cheese Pizza ^Wheat	Beef Spaghetti	Chicken Stir-Fry	Salisbury Steak	^Chicken Nuggets
Crust	Long Noodles	Over ^Brown Rice	Mash Potato's	^Wheat roll
Green Beans	^Wheat Roll	Baked Broccoli	^Wheat Roll,	French fries
Peaches	Sweet Peas	Mandarin Oranges	Corn	Carrots
Cold Milk	Diced Pears Cold Milk	Cold Milk	Mixed Fruit Cold Milk	Sliced Apples Cold milk
1/19/26	1/20/26	1/21/26	1/22/26	1/23/26
No School Holiday	Walking Taco	Beef Chili ^Wheat	^Corn Dog	Cheese Pizza ^Wheat
Break	Ground Beef Topped	Crackers	French Fries	Crust
Dreak	W/ Shredded	Sliced Carrots	Baked Beans	Green Beans
	Romaine and Cheese	Diced Pears	Pineapple	Mandarin Orange
	on top of	Cold Milk	Cold milk	Cold milk
	^Corn Chips	Cold Milk	Cold IIIIK	Cold IIIIK
	Corn			
Martin Luther King Jr	Diced Peaches			
Wartin Luther King Ji	Cold Milk			
1/26/26	1/27/26	1/28/26	1/29/26	1/30/26
Beef Spaghetti	Chicken Stir-Fry	Salisbury Steak	^Chicken Nuggets	Chicken Alfredo on
Long Noodles	Over	Mash Potato's	^Wheat Roll	Penne Noodle ^Wheat
^Wheat Roll	^Brown Rice	^Wheat Roll	French Fries	Roll
Sweet Peas	Carrots	Corn	Baked Beans	Baked Broccoli
Diced Pears	Mandarin Oranges	Mandarin Oranges	Sliced Apples	Mixed Fruit
Cold Milk	Cold Milk	Cold Milk	Cold milk	Cold milk

\*\* MENU SUBJECT TO CHANGE\*\*

\*\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER\*\*\*
^DENOTES WHOLE GRAIN/WHOLE WHEAT

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## **Trinity Child Care**

## January 2026

#### Snack

Monday	Tuesday	Wednesday	Thursday	Friday
	-	-	1/01/26	1/02/26
A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY		No School Holiday Break  Happy  New Year  2026	No School Holiday Break Happy New Year 2026
1/05/26	1/06/26	1/07/26	1/08/26	1/09/25
Applesauce Goldfish	Orange Slices String Cheese	Apple Slices String Cheese	Mixed Fruit Cup Graham Crackers	String Cheese ^Sunchips
1/12/26	1/13/26	1/14/26	1/15/26	1/16/26
Mixed fruit cup Graham crackers	Pretzels Apple Slices	^Goldfish Applesauce	Dannon Yogurt ^Graham Crackers	^Sunchips applesauce
1/19/26	1/20/26	1/21/26	1/22/26	1/23/26
No School Holiday Break  Martin Luther King Jr.	Mixed Fruit Cup String Cheese	^Scooby Doo Crackers Applesauce	String Cheese ^ Scooby Doo Crackers	^Goldfish Applesauce
1/26/26	1/27/26	1/28/26	1/29/26	1/30/26
Apple Slices ^Graham Crackers	^Scooby Doo Crackers Applesauce	Pretzels Apple slices	Mixed fruit cup Graham crackers	String cheese ^Sun chips

\*\* MENU SUBJECT TO CHANGE\*\*

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Dairy from "The Parental Request Form" Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A "Medical Statement" Which Is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily