

Trinity Child Care

OCTOBER 2025

Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10/01/25	10/02/25	10/03/25
<b>A VAIRATY OF 1% MILK AND SOYMILK IS SERVED DAILY</b>	<b>WHOLE GRAIN ENTRÉE IS SERVED DAILY</b>	Pancakes with Turkey Sausage Links Syrup Fresh Orange Slices Cold milk	Cinnamon Toast Scrambled eggs Fresh Banana Cold milk	^Multi Grain Cheerios Applesauce Cold milk
10/06/25	10/07/25	10/08/25	10/09/25	10/10/25
^ Multi Grain Cheerios Fresh Banana Cold milk	Vanilla Oatmeal Fresh Banana Cold milk	Bagel and Cream Cheese Fresh Apple slices Cold milk	French Toast Sticks Fresh Orange slices Cold milk	^Assorted cereal Multi Grain Cheerios Applesauce Cold milk
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
^ Multi Grain Cheerios Orange juice Cold milk	Pancakes with Turkey Sausage Links Syrup Fresh Orange Slices Cold milk	Cinnamon Toast Scrambled eggs Fresh Banana Cold milk	Vanilla Oatmeal Fresh Banana Cold milk	^ Multi Grain Cheerios Orange slices Cold milk
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
^ Multi Grain Cheerios Orange juice Cold milk	Bagel and Cream Cheese Fresh Banana Cold milk	French Toast Sticks Fresh apple slices Cold milk	Pancakes with Turkey Sausage Links Syrup Fresh Orange Slices Cold milk	^ Multi Grain Cheerios Applesauce Cold milk
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
^ Multi Grain Cheerios Apple juice Cold milk	Vanilla Oatmeal Fresh Banana Cold milk	Bagel and Cream Cheese Fresh Apple slices Cold milk	Cinnamon Toast Scrambled eggs Fresh orange slices Cold milk	^ Multi Grain Cheerios Fresh banana Cold milk

**\*\* MENU SUBJECT TO CHANGE\*\***

**\*\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER\*\*\***

**^DENOTES WHOLE GRAIN/WHOLE WHEAT**

**\*\* Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare: 1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 6 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from “The Parental Request Form” Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A “Medical Statement” Which Is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily**

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OCTOBER 2025

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10/01/25	10/02/25	10/03/25
<b>A VAIRATY OF 1% MILK AND SOYMILK IS SERVED DAILY</b>	<b>WHOLE GRAIN ENTRÉE IS SERVED DAILY</b>	Chicken Alfredo Penne Noodles ^Wheat Crackers Sweet Peas Mixed Fruit Cold Milk	Cheese Burger ^Wheat Bun French Fries Black Eye Peas Diced Pears Cold Milk	Chicken Taco Topped W/ Shredded Lettuce & Cheese on Tortilla Corn Pineapple Cold Milk
10/06/25	10/07/25	10/08/25	10/09/25	10/10/25
Hot Dog ^Wheat Bun Baked Beans Coleslaw Peaches Cold Milk	Beef-A-Roni ^Wheat Roll Italian Green Beans Mixed Fruit Cold Milk	^Cheese Pizza Diced Carrots Mandarin Oranges Cold Milk	BBQ Chicken & ^Brown Rice Corn Pears Cold Milk	Ground Beef Spaghetti Long noodles ^Wheat Roll Broccoli Apple Slices Cold Milk
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
Toasted Turkey & cheese Sandwich ^Wheat Bread, Broccoli, Peaches, Cold Milk	Chicken Alfredo Penne Noodles ^Wheat Crackers Carrots Mixed fruit Cold milk	Cheese Burger on ^Wheat Bun French Fries Broccoli Diced pears Cold Milk	Ground Beef Taco Topped w/ Shredded Lettuce and Cheese on Tortilla Corn Pineapple Cold Milk	Hot Dog ^Wheat Bun Baked Beans Coleslaw Peaches Cold Milk
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
Beef-a-roni ^Wheat Roll, Italian Green Beans, Mixed Fruit Cold Milk	^Cheese Pizza Diced Carrots Mandarin Oranges Cold Milk	BBQ Chicken & ^Brown Rice Broccoli Mixed Fruit Cold Milk	Ground Beef Spaghetti Long Noodles ^Wheat Rolls Green Beans Apple Slices Cold Milk	Toasted Turkey & Cheese Sandwich ^Wheat Bread Tater tots Lima beans Peaches Cold milk
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
Chicken Alfredo Penne Noodles ^Wheat Crackers Sweet Peas Apple Slices Cold Milk	Cheese Burger on ^Wheat Bun French Fries Broccoli Diced Pears Cold Milk	Chicken Taco Topped W/ Shredded Lettuce & Cheese on Tortilla Corn Pineapple Cold Milk	Hot Dog ^Wheat Bun Baked Beans Coleslaw Peaches Cold Milk	Beef-A-Roni ^Wheat Roll Italian Green Beans Mixed Fruit Cold Milk

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OCTOBER 2025

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10/01/25	10/02/25	10/03/25
<b>A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY</b>	<b>WHOLE GRAIN ENTRÉE IS SERVED DAILY</b>	Apple slices String cheese	^Goldfish Apple juice	Dannon yogurt ^Graham crackers
10/06/25	10/07/25	10/08/25	10/09/25	10/10/25
^Sunchips applesauce	Pretzels Fresh Orange slices	Apple slices String cheese	Mandarin orange cup Graham crackers	String cheese ^Sunchips
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
Mandarin orange cup Graham crackers	Apple slices String cheese	^Goldfish Apple juice	Dannon yogurt ^Graham crackers	^Sunchips applesauce
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
Pretzels Fresh Orange slices	Apple slices String cheese	Mandarin orange cup Graham crackers  First day of school	String cheese ^Sunchips	Pretzels Fresh Orange slices
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
Mandarin orange cup Graham crackers	^Goldfish Apple juice	Dannon yogurt ^Graham crackers	^Sunchips applesauce	Pretzels Fresh Orange slices

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