

Trinity Christian School

OCTOBER 2025

Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10/01/25	10/02/25	10/03/25
A VAIRATY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY	Pancakes W/ Turkey Sausage Links Syrup Fresh Apple Fresh Orange Slices Cold Milk	Cinnamon Toast Scrambled Eggs Fresh Banana Fresh Orange Slices Cold Milk	^Assorted Cereal Applesauce Fresh Orange Cold Milk
10/06/25	10/07/25	10/08/25	10/09/25	10/10/25
^Assorted Cereal Fresh Banana Fresh Apple Cold Milk	Vanilla Cinnamon Oatmeal Fresh Banana Frozen Strawberries Cold Milk	Bagel & Cream Cheese Fresh Banana Fresh Apple Slices Cold Milk	French Toast Sticks Fresh Orange Slices Fresh Apple Cold Milk	^Assorted Cereal Applesauce Fresh Orange Cold Milk
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
NO School Teacher Work Day	Pancakes W/ Turkey Sausage Links Syrup Fresh apple Fresh Orange Slices Cold Milk	Cinnamon Toast Scrambled Eggs Fresh Banana Fresh Orange Slices Cold Milk	Vanilla Oatmeal Fresh Banana Frozen Strawberries Cold Milk	^Assorted Cereal Orange Slices Fresh Banana Cold Milk
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
NO School Teacher Work Day	Bagel & Cream Cheese Fresh Banana Fresh Apple Slices Cold Milk	French Toast Sticks Fresh Orange Slices Fresh Apple Cold Milk	Pancakes W/ Turkey Sausage Links Syrup Fresh Apple Fresh Orange Slices Cold Milk	^Assorted Cereal Applesauce Fresh Orange Cold Milk
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
^Assorted Cereal Orange Slices Apple Juice Cold Milk	Vanilla Oatmeal Fresh Banana Frozen Strawberries Cold Milk	Bagel & Cream Cheese Fresh Banana Fresh Apple Slices Cold Milk	Cinnamon Toast Scrambled eggs Fresh Banana Fresh orange slices Cold Milk	^Assorted Cereal Orange Slices Fresh Banana Cold Milk

** MENU SUBJECT TO CHANGE**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

^DENOTES WHOLE GRAIN/WHOLE WHEAT

** Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare: 1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 6 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from “The Parental Request Form” Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A “Medical Statement” Which Is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily

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OCTOBER 2025

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10/01/25	10/02/25	10/03/25
A VAIRATY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY	Chicken Alfredo Penne Noodles ^Wheat Crackers Sweet Peas Mixed Fruit Cold Milk	Cheese Burger ^Wheat Bun French Fries Black Eye Peas Diced Pears Cold Milk	Chicken Taco Topped W/ Shredded Lettuce & Cheese on Tortilla Corn Pineapple Cold Milk
10/06/25	10/07/25	10/08/25	10/09/25	10/10/25
Hot Dog ^Wheat Bun Baked Beans Coleslaw Peaches Cold Milk	Beef-A-Roni ^Wheat Roll Italian Green Beans Mixed Fruit Cold Milk	^Cheese Pizza Diced Carrots Mandarin Oranges Cold Milk	BBQ Chicken & ^Brown Rice Corn Pears Cold Milk	Ground Beef Spaghetti Long noodles ^Wheat Roll Broccoli Apple Slices Cold Milk
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
NO School Teacher Work Day	Chicken Alfredo Penne Noodles ^Wheat Crackers Carrots Mixed fruit Cold milk	Cheese Burger on ^Wheat Bun French Fries Broccoli Diced pears Cold Milk	Ground Beef Taco Topped w/ Shredded Lettuce and Cheese on Tortilla Corn Pineapple Cold Milk	Hot Dog ^Wheat Bun Baked Beans Coleslaw Peaches Cold Milk
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
NO School Teacher Work Day	^Cheese Pizza Diced Carrots Mandarin Oranges Cold Milk	BBQ Chicken & ^Brown Rice Broccoli Mixed Fruit Cold Milk	Ground Beef Spaghetti Long Noodles ^Wheat Rolls Green Beans Apple Slices Cold Milk	Toasted Turkey & Cheese Sandwich ^Wheat Bread Lima Beans Tater tots Peaches Cold milk
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
Chicken Alfredo Penne Noodles ^Wheat Crackers Sweet Peas Apple Slices Cold Milk	Cheese Burger on ^Wheat Bun French Fries Broccoli Diced Pears Cold Milk	Chicken Taco Topped W/ Shredded Lettuce & Cheese on Tortilla Corn Pineapple Cold Milk	Hot Dog ^Wheat Bun Baked Beans Coleslaw Peaches Cold Milk	Beef-A-Roni ^Wheat Roll Italian Green Beans Mixed Fruit Cold Milk

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High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
A VAIRATY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY	10/01/25 Chicken Alfredo, Penne Noodles, ^Wheat Crackers, Sweet Peas, Mixed Fruit, Cold Milk OR Toasted Turkey & Cheese Sandwich ^Wheat Bread, Broccoli, Fresh Fruit	10/02/25 Cheese Burger ^Wheat Bun, French Fries, Black Eye Peas, Diced Pears, Cold Milk OR Chicken Alfredo, Penne Noodles, ^Wheat Crackers, Sweet Peas, Fresh Fruit	10/03/25 Chicken Taco, Topped W/Shredded Lettuce & Cheese on Tortilla, Corn, Pineapple, Cold Milk OR Beef Sloppy Joe on ^Wheat Bun, French Fries, Fresh Fruit
10/06/25 Hot Dog ^Wheat Bun, Baked Beans, Coleslaw, Peaches, Cold Milk OR Chicken Taco Topped W/ Shredded Lettuce & Cheese on Tortilla, Corn, Fresh Fruit	10/07/25 Beef-A-Roni ^Wheat roll Italian Green Beans Mixed fruit Cold milk OR Hot Dog ^Wheat Bun, Baked Beans, Coleslaw, Fresh Fruit	10/08/25 Chef Salad- Sliced Turkey & Cheese on a bed of Romaine Lettuce W/ Shredded Carrots ^Wheat Crackers Mandarin Oranges Cold milk OR Beef-A-Roni ^Wheat Roll, Italian Green Beans, Fresh Fruit	10/09/25 BBQ Chicken and ^Brown Rice, Corn, Mixed fruit Cold milk OR Chef Salad Sliced Turkey & Cheese on a Bed of Romaine Lettuce W/ Shredded Carrots, Fresh Fruit	10/10/25 Ground Beef Spaghetti, Long noodles, ^Wheat Roll, Broccoli, Apple Slices, Cold Milk OR BBQ Chicken & ^Brown Rice, Corn Fresh Fruit
10/13/25 NO School Teacher Work Day	10/14/25 Chicken Alfredo, Penne Noodles, ^Wheat Crackers, Carrots, Mixed Fruit, Cold Milk OR Ground Beef Spaghetti, Long noodles, ^Wheat Roll, Broccoli, Fresh Fruit Cold Milk	10/15/25 Cheese Burger on ^Wheat Bun, Broccoli, French Fries, Diced Pears, Cold Milk OR Chicken Alfredo Penne Noodles, ^Wheat Crackers, Carrots, Fresh Fruit	10/16/25 Chicken Taco Topped W/ Shredded Lettuce & Cheese on Tortilla, Corn, Pineapple, Cold Milk OR Cheese Burger ^Wheat Bun, French Fries, Broccoli, Fresh Fruit	10/17/25 Hot Dog, ^Wheat bun Baked Beans, Coleslaw Peaches, Cold Milk OR Chicken Taco, Topped W/ Shredded Lettuce & Cheese on Tortilla, Corn, Fresh Fruit
10/20/25 NO School Teacher Work Day	10/21/25 Chef Salad- Sliced Turkey & Cheese on a bed of Romaine Lettuce W/ Shredded Carrots, ^Wheat Crackers, Mandarin Oranges, Cold Milk OR Beef-A-Roni ^Wheat Roll, Italian Green Beans, Fresh Fruit	10/22/25 BBQ Chicken & ^Brown Rice, Broccoli Mixed Fruit, Cold Milk OR Chef Salad-Sliced Turkey & Cheese on a bed of Romaine Lettuce W/ Shredded Carrots ^Wheat Crackers, Fresh Fruit	10/23/25 Ground Beef Spaghetti, Long noodles, ^Wheat Roll, Green Beans, Apple Slices, Cold Milk OR BBQ Chicken & ^Brown Rice, Broccoli Fresh Fruit	10/24/25 Toasted Turkey & Cheese Sandwich ^Wheat Bread, Lima Beans And Tater Tots, Peaches, Cold Milk OR Ground Beef Spaghetti, Long noodles, ^Wheat Roll, Broccoli, Apple Slices Fresh Fruit
10/27/25 Chicken Alfredo ^Penne Noodles ^Wheat Crackers, Sweet Peas, Mixed Fruit Cold Milk OR Toasted Turkey & Cheese Sandwich ^Wheat Bread, Tater tots Lima Beans, Fresh Fruit	10/28/25 Cheese Burger on ^Wheat Bun, French Fries, Broccoli, Diced Pears, Cold Milk OR Chicken Alfredo ^Penne Noodles, ^Wheat Crackers, Sweet Peas, Fresh Fruit	10/29/25 Chicken Taco, Topped W/ Shredded Lettuce & Cheese on Tortilla, Corn Pineapple, Cold Milk OR Cheese Burger ^Wheat Bun, Broccoli, French Fries, Fresh Fruit	10/30/25 Hot Dog ^Wheat Bun Baked Beans, Coleslaw Peaches, Cold Milk OR Chicken Taco, Topped W/ Shredded Lettuce & Cheese on Tortilla Corn, Fresh Fruit	10/31/25 Beef-A-Roni ^Wheat Roll, Italian Green Beans, Mixed Fruit, Cold Milk OR Hot Dog ^Wheat Bun, Baked Beans, Coleslaw Fresh Fruit

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OCTOBER 2025

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		10/01/25	10/02/25	10/03/25
A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY	Apple slices String cheese	^Goldfish Apple juice	Dannon yogurt ^Graham crackers
10/06/25	10/07/25	10/08/25	10/09/25	10/10/25
^Sunchips applesauce	Pretzels Fresh Orange slices	Apple slices String cheese	Mandarin orange cup Graham crackers	String cheese ^Sunchips
10/13/25	10/14/25	10/15/25	10/16/25	10/17/25
NO School Teacher Work Day	Apple slices String cheese	^Goldfish Apple juice	Dannon yogurt ^Graham crackers	^Sunchips applesauce
10/20/25	10/21/25	10/22/25	10/23/25	10/24/25
NO School Teacher Work Day	Apple slices String cheese	Mandarin orange cup Graham crackers First day of school	String cheese ^Sunchips	Pretzels Fresh Orange slices
10/27/25	10/28/25	10/29/25	10/30/25	10/31/25
Mandarin orange cup Graham crackers	^Goldfish Apple juice	Dannon yogurt ^Graham crackers	^Sunchips applesauce	Pretzels Fresh Orange slices

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