

Trinity Child Care

November 2025

Breakfast menu

| Monday                                                    | Tuesday                                                                          | Wednesday                                                                                                                    | Thursday                                                                                                                      | Friday                                                                                                                         |
|-----------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| 11/3/2025                                                 | 11/04/25                                                                         | 11/05/25                                                                                                                     | 11/06/25                                                                                                                      | 11/07/25                                                                                                                       |
| ^Multi Grain Cheerios<br>Fresh Orange<br>Cold milk        | Turkey Sausage<br>Biscuit<br>Apple slices<br>Cold milk                           | ^Eggo Waffles with<br>Scrambled eggs<br>Syrup<br>applesauce<br>Cold milk                                                     | Breakfast pizza<br>Banana<br>Cold milk                                                                                        | ^Multi Grain<br>Cheerios<br>Fresh Orange<br>Wedges<br>Cold milk                                                                |
| 11/10/25                                                  | 11/11/25                                                                         | 11/12/25                                                                                                                     | 11/13/25                                                                                                                      | 11/14/25                                                                                                                       |
| ^Multi Grain Cheerios<br>Fresh Orange Wedges<br>Cold milk | ^Blueberry Muffin<br>Fresh orange slices<br>Cold milk                            | Dannon Yogurt and<br>^Graham Crackers<br>Fresh Banana<br>Cold milk                                                           | ^Buttered Toast W/<br>Jelly<br>Turkey Sausage links<br>Fresh Orange Slices<br>Cold milk                                       | ^Multi Grain<br>Cheerios<br>Applesauce<br>Cold milk                                                                            |
| 11/17/25                                                  | 11/18/25                                                                         | 11/19/25                                                                                                                     | 11/20/25                                                                                                                      | 11/21/25                                                                                                                       |
| ^Multi Grain Cheerios<br>Fresh Orange<br>Cold milk        | Eggo Waffles with<br>Scrambled eggs<br>Syrup<br>Fresh Orange Slices<br>Cold milk | Breakfast pizza<br>Banana<br>Cold milk                                                                                       | Turkey Sausage<br>Biscuit<br>Apple slices<br>Cold milk                                                                        | ^ ^Multi Grain<br>Cheerios<br>Fresh banana<br>Cold milk                                                                        |
| 11/24/25                                                  | 11/25/25                                                                         | 11/26/25                                                                                                                     | 11/27/25                                                                                                                      | 11/28/25                                                                                                                       |
| ^Multi Grain Cheerios<br>Banana<br>Cold milk              | Dannon Yogurt<br>and ^Graham<br>Crackers<br>Apple slices<br>Cold milk            | <br>No School<br>Thanksgiving<br>Vacation | <br>No School<br>Thanksgiving<br>Vacation | <br>No School<br>Thanksgiving<br>Vacation |
|                                                           |                                                                                  |                                                                                                                              | A VARIETY OF 1%<br>MILK AND<br>SOYMILK IS<br>SERVED DAILY                                                                     | WHOLE GRAIN<br>ENTRÉE IS<br>SERVED DAILY                                                                                       |

\*\* MENU SUBJECT TO CHANGE\*\*

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^DENOTES WHOLE GRAIN/WHOLE WHEAT

\*\* Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare: 1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 6 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from “The Parental Request Form” Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A “Medical Statement” Which Is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily

Trinity Child Care

November 2025

Lunch Menu

| Monday                                                                                                                                    | Tuesday                                                                                                                                        | Wednesday                                                                                                                                      | Thursday                                                                                                                   | Friday                                                                                                                      |
|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 11/3/2025                                                                                                                                 | 11/04/25                                                                                                                                       | 11/05/25                                                                                                                                       | 11/06/25                                                                                                                   | 11/07/25                                                                                                                    |
| ^Chicken Nuggets<br>^Wheat roll<br>French fries<br>Green Beans<br>Sliced Apples<br>Cold milk                                              | Chicken Alfredo on<br>Penne Noodle<br>^Wheat Roll<br>Baked Broccoli<br>Mixed Fruit<br>Cold milk                                                | Walking Taco<br>Turkey Taco Meat<br>Topped w/<br>Shredded Romaine<br>and Cheese on top of<br>^Corn Chips<br>Corn<br>Diced Peaches<br>Cold Milk | Chicken sandwich<br>^Wheat Bun<br>Potato Wedges<br>Diced Pears<br>Cold Milk                                                | ^Corn Dog<br>French Fries<br>Baked Beans<br>Pineapple<br>Cold milk                                                          |
| 11/10/25                                                                                                                                  | 11/11/25                                                                                                                                       | 11/12/25                                                                                                                                       | 11/13/25                                                                                                                   | 11/14/25                                                                                                                    |
| Cheese Pizza ^Wheat<br>Crust<br>Green Beans<br>Peaches<br>Cold Milk                                                                       | Beef spaghetti<br>Wheat roll<br>Sweet Peas<br>Pineapple<br>Cold Milk                                                                           | Chicken Stir-fry<br>Over<br>^Brown Rice<br>Broccoli<br>Mixed fruit<br>Cold Milk                                                                | Salisbury Steak<br>Mash Potato's<br>Corn<br>^Wheat Roll<br>Corn<br>Mandarin Oranges<br>Cold Milk                           | ^Chicken Nuggets<br>^Wheat roll<br>French fries<br>Green Beans<br>Sliced Apples<br>Cold Milk                                |
| 11/17/25                                                                                                                                  | 11/18/25                                                                                                                                       | 11/19/25                                                                                                                                       | 11/20/25                                                                                                                   | 11/21/25                                                                                                                    |
| Chicken Alfredo on<br>Penne Noodle ^Wheat<br>Roll<br>Baked Broccoli<br>Mixed Fruit<br>Cold Milk                                           | Walking Taco<br>Turkey Taco Meat<br>Topped w/<br>Shredded Romaine<br>and Cheese on top of<br>^Corn Chips<br>Corn<br>Diced Peaches<br>Cold Milk | Beef Chili ^Wheat<br>Crackers<br>Carrots<br>Diced Pears<br>Cold Milk                                                                           | ^Corn Dog<br>French Fries<br>Baked Beans<br>Pineapple<br>Cold Milk                                                         | Cheese Pizza ^Wheat<br>Crust<br>Green Beans<br>Peaches<br>Cold Milk                                                         |
| 11/24/25                                                                                                                                  | 11/25/25                                                                                                                                       | 11/26/25                                                                                                                                       | 11/27/25                                                                                                                   | 11/28/25                                                                                                                    |
| Turkey w/ gravy<br>Corn bread stuffing<br>Mash potatoes<br>Sweet potato soufflé<br>Italian cut green beans<br>Wheat roll and cold<br>milk | Chicken Stir-fry<br>Over<br>^Brown Rice<br>Carrots<br>Mixed fruit<br>Cold Milk                                                                 |  No School<br>Thanksgiving<br>Vacation                      |  No School<br>Thanksgiving<br>Vacation |  No School<br>Thanksgiving<br>Vacation |
|                                                                                                                                           |                                                                                                                                                |                                                                                                                                                | A VARIETY OF 1%<br>MILK AND<br>SOYMILK IS<br>SERVED DAILY                                                                  | WHOLE GRAIN<br>ENTRÉE IS<br>SERVED DAILY                                                                                    |

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# Trinity Child Care

November 2025

## Snack

| Monday                                | Tuesday                               | Wednesday                                                                                                                    | Thursday                                                                                                                      | Friday                                                                                                                         |
|---------------------------------------|---------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| 11/3/2025                             | 11/04/25                              | 11/05/25                                                                                                                     | 11/06/25                                                                                                                      | 11/07/25                                                                                                                       |
| Apple slices<br>^Graham crackers      | ^Scooby Doo<br>Crackers<br>applesauce | Pretzels<br>Apple slices                                                                                                     | ^Goldfish<br>Applesauce                                                                                                       | Dannon yogurt<br>^Graham crackers                                                                                              |
| 11/10/25                              | 11/11/25                              | 11/12/25                                                                                                                     | 11/13/25                                                                                                                      | 11/14/25                                                                                                                       |
| ^Scooby Doo<br>Crackers<br>applesauce | Pretzels<br>Fresh Orange slices       | Apple slices<br>String cheese                                                                                                | Mixed fruit cup<br>Graham crackers                                                                                            | String cheese<br>^Sun chips                                                                                                    |
| 11/17/25                              | 11/18/25                              | 11/19/25                                                                                                                     | 11/20/25                                                                                                                      | 11/21/25                                                                                                                       |
| Mixed fruit cup<br>Graham crackers    | Pretzels<br>Apple slices              | ^Goldfish<br>Applesauce                                                                                                      | Dannon yogurt<br>^Graham crackers                                                                                             | ^Sun chips<br>applesauce                                                                                                       |
| 11/24/25                              | 11/25/25                              | 11/26/25                                                                                                                     | 11/27/25                                                                                                                      | 11/28/25                                                                                                                       |
| Pretzels<br>Apple slices              | Orange Slices<br>String cheese        | <br>No School<br>Thanksgiving<br>Vacation | <br>No School<br>Thanksgiving<br>Vacation | <br>No School<br>Thanksgiving<br>Vacation |
|                                       |                                       |                                                                                                                              | A VARIETY OF 1%<br>MILK AND<br>SOYMILK IS<br>SERVED DAILY                                                                     | WHOLE GRAIN<br>ENTRÉE IS<br>SERVED DAILY                                                                                       |

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