

**TRINITY CHRISTIAN SCHOOL MENU**  
**LUNCH SEPTEMBER 2022 - 7<sup>TH</sup> - 8<sup>TH</sup>**

Monday	Tuesday	Wednesday	Thursday	Friday
			Sept. 1, 2022	Sept. 2, 2022
			6 in. Meatball Subs on a wheat bun 1 c. Tater Tots Garden Salad Pineapples 8 oz. Milk Wow Butter	1 c. Vegetable Soup Grilled Cheese Sandwiches 1 c. Diced Pears 8 oz. Milk
Sept. 5, 2022	Sept. 6, 2022	Sept. 7, 2022	Sept. 8, 2022	Sept. 9, 2022
LABOR DAY  CLOSED	Chicken Patty on Wheat Bun Lettuce Tomato Pickles 1 c. Sweet Peas 1 c. Baked Apples 8 oz. Milk	Lasagna w/ Meat Sauce Garden Salad 1 c. Sliced Peaches 1 Slice of Garlic Bread 8 oz. Milk	Hamburger on Wheat Bun 1 c. Baked Fries 1 c. Carrot Salad w/ Raisins Mixed Fruit 8 oz. Milk	Foot Long Hot Dog w/ Chili Cole Slaw 1 c. Mixed Vegetables Pear Halves 8 oz. Milk
Sept. 12, 2022	Sept. 13, 2022	Sept. 14, 2022	Sept. 15, 2022	Sept. 16, 2022
Chicken Nuggets 1 c. Hot Buttered Rice 1 c. Sweet Peas 1 c. Mixed Fruit Hot Wheat Rolls Garden Salad 8 oz. Milk	Cheese & Pepperoni Pizza Garden Salad 1 c. Pineapple Chunks 8 oz. Milk	Salisbury Steak w/ Gravy Mashed Potatoes 1 c. Sweet Peas Fruit Cocktail Hot Wheat Rolls Garden Salad 8 oz. Milk	Spaghetti w/ Meat Sauce 1 c. Vegetable Medley 1 Slice Garlic Bread 1 c. Diced Peaches Garden Salad 8 oz. Milk	Ham & Cheese Sandwiches 1 c. Baked Apples Green Beans Garden Salad 8 oz. Milk
Sept. 19, 2022	Sept. 20, 2022	Sept. 21, 2022	Sept. 22, 2022	Sept. 23, 2022
6 in. Meatball Subs on a wheat bun 1 c. Steamed Corn 1 c. Fresh Apples Garden Salad 8 oz. Milk	Cheese & Pepperoni Pizza Mixed Vegetables 1 c. Pineapple Chunks 8 oz. Milk	Beef-A-Roni Hot Wheat Rolls 1 c. Green Beans 1 c. Pear Halves 8 oz. Milk	Chicken Tenders 1 c. Steamed Rice 1 c. Vegetable Medley Hot Wheat Rolls 1 c. 2Pineapple Chunks 8 oz. Milk	Hamburger on Wheat Bun Tater Tots Coleslaw 1 c. Baked Beans 1 c. Diced Peaches Garden Salad 8 oz. Milk
Sept. 26, 2022	Sept. 27, 2022	Sept. 28, 2022	Sept. 29, 2022	Sept. 30, 2022
Soft Shell Beef Tacos Lettuce Garden Salad 1 c. Mixed Fruit 8 oz. Milk	BBQ Chicken 1 c. Steamed Rice 1 c. Lima Beans 1 c. Diced Peaches Wheat Dinner Rolls Garden Salad 8 oz. Milk	Turkey & Ham Sandwiches Macaroni & Cheese Garden Salad 1 c. Green Beans 1 c. Pineapple Chunks Wheat Dinner Rolls 8 oz. Milk	Hot Dogs w/ Chili 1 c. Cole Slaw 1 c. Mixed Veg. 1 c. Pear Halves 8 oz. Milk	Wow Butter and Jelly Sand. Baked Fries 1 c. Coleslaw 1 c. Diced Peaches Garden Salad 8 oz. Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\*MENU SUBJECT TO CHANGE\*\* ^ Denotes item is whole-grain/whole

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