

Trinity Christian School Menu
Lunch December 2022
K-8

Monday	Tuesday	Wednesday	Thursday	Friday
			Dec. 1, 2022	Dec. 2, 2022
			Hot Dogs w/ Chili On Wheat Bun, Baked Fries, Cole Slaw, Mixed Vegetables, Diced Peaches, Low Fat or Skim Milk	Chicken Filet Sandwich On Whole Wheat Bun Salad bar selections Romaine Lettuce, carrot sticks, celery, Ranch dressing, Seasoned Green Beans, Chilled Pineapples Low Fat or Skim Milk
Dec.	Dec. 6, 2022	Dec. 7, 2022	Dec. 8, 2022	Dec. 9, 2022
Hamburger Patty on Wheat Bun^ Lettuce, Tomato, and Pickles Tater Tots Glazed Carrots Chilled Mixed Fruit Low Fat or Skim Milk	Sloppy Joe on a Whole Wheat Bun Baked French Fries Fresh Orange Wedges Cranapple Juice Cups Low Fat or Skim Milk	Baked Chicken Tenders and WW Roll Garden Salad w/ Grape Tomatoes & Dressing Mixed Vegetables Chilled Pears Low Fat or Skim Milk	Cheese Quesadillas Brown Rice Diced Carrots Applesauce Low Fat or Skim Milk	Vegetable Soup Turkey and Cheese Sandwiches on Wheat Bread^ Diced Peaches Low Fat or Skim Milk
Dec. 12, 2022	Dec. 13, 2022	Dec. 14, 2022	Dec. 15, 2022	Dec. 16, 2022
Baked Chicken Tenders and WW Roll Oven Baked Potato Wedges Baked Beans Chilled Pineapples Low Fat or Skim Milk	4-Cheese Panini ^ Oven Potato Wedges Cucumber/Tomato Salad Chilled Pears Low Fat or Skim Milk	Walking Beef Tacos Lettuce Tomatoes Cheese ^ Whole Grain Chips Chilled Mixed Fruit Low Fat or Skim Milk	Spaghetti w/ Ground Beef cooked in Tomato Sauce Garden Salad Slice of Garlic Bread^ Glazed Carrots Splash Veggie Juice Low Fat or Skim Milk	Cheeseburger on a Whole Wheat Bun^ Baked French Fries Seasoned Green Beans Fresh Orange Wedges Low Fat or Skim Milk
Dec. 19, 2022	Dec. 20, 2022	Dec. 21, 2022	Dec. 22, 2022	Dec. 23, 2022
NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK
Dec. 26, 2022	Dec. 27, 2022	Dec. 28, 2022	Dec. 29, 2022	Dec. 30, 2022
NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK	NO SCHOOL – WINTER BREAK

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

MENU SUBJECT TO CHANGE

This Institution is an equal opportunity provider.

^ Denotes item is whole-grain/whole wheat

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