

**TRINITY CHRISTIAN SCHOOL  
HIGH SCHOOL LUNCH  
2023**

Monday	Tuesday	Wednesday	Thursday	Friday
				9/1/2023
				Beef hamburger ^Bun Bbq chicken sandwich ^Bun, French fries, Mixed veggies, Corn, peaches, apples Cold Milk
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023
CLOSED	Beef Spaghetti on Noodle Breaded Chicken Nuggets ^Garlic Bread Green Beans, Mix Veggies Apple Slices, Pears, Cold Milk	Shepherd's Pie Ground Beef, Peas & Carrots, Mash Potatoes Beef Spaghetti on ^Noodles ^Roll, Peaches, pear half, Cold Milk	Beef Hotdog ^Bun Shepherd's Pie Peas&Carrots, Mash Potatoes, Sweet Potato fries, Corn, Peaches, Apple Slices Cold Milk	Baked chicken, Macaroni and Cheese Beef Hamburger ^Bun, Refried beans Mandarin Oranges, Orange halvs Corn Chips, Cold Milk
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
Parmesan Breaded Chicken Patty W/^Roll Southwest Macaroni and Cheese Green Beans, Diced Carrots, Orange, Mixed Fruit, Cold Milk	Beef Sloppy Joe ^Bun Parmesan breaded Chicken Patty W/^Roll Baked Beans, Carrot sticks, Applesauce, Peaches, Cold Milk	Cheese Pizza ^Crust, Beef Sloppy Joe ^Bun, French Fries, Carrots W/Ranch Green beans, Orange slices, Apple Cold Milk	Burrito Bowl ^Rice, Black Beans, Corn, Diced Tomatoes, Cheese Pizza ^Crust, Pineapple, Pear half, Green Beans, Mix Veg, Cold Milk	Beef Hamburger ^BUN, Burrito Bowl ^Rice, Black Beans, Corn, Diced Tomatoes, Sweet Potato Fries Peaches, Mixed fruit, Cold Milk
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
Beef Spaghetti Noodles ^Garlic Bread, Beef Hamburger ^BUN Mixed Veggies, Corn, Apple slices, Grape Juice, Cold Milk	^Breaded Chicken Nuggets ^Roll, Beef Spaghetti, Noodles Broccoli, Carrot sticks, Pineapple, Applesauce Cold Milk	Beef Hot Dog ^Bun, ^Breaded Chicken Nuggets Corn, Sweet peas Pears, Apple slices Cold Milk	Shepherd's Pie Ground Beef, Peas & Carrots, ^Roll Mash Potatoes, Beef Hot Dog ^Bun, Peaches, orange, Carrot sticks, Broccoli Cold Milk	Parmesan Breaded Chicken Patty W/^Roll, Shepherd's Pie, Ground Beef, Peas & Carrots, Mash Potatoes Green Beans, Mixed Veggies, Pears, mixed fruit Cold Milk
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
Sloppy Joe ^bun, Parmesan Breaded Chicken Patty W/^Roll, French fries, Green Beans Applesauce, Pears, Cold Milk	Cheese Pizza ^Crust, parmesan breaded chicken patty ^roll Green beans, Sweet Peas apple slices, Peaches, Cold Milk	Burrito Bowl ^Rice, Black Beans, Corn, Diced Tomatoes, Cheese Pizza ^Crust, Carrot sticks, Pineapple, Mandarin Orange Cold Milk	Breaded Chicken Nuggets ^Roll, Burrito Bowl ^Rice, Black Beans, Corn, Diced Tomatoes, Broccoli, Cooked Carrots Peaches, Pineapple Cold Milk	Baked Chicken, Macaroni and Cheese, Breaded Chicken Nuggets ^Roll, Refried beans, Mixed Veg, Mixed Fruit, Pears Corn Chips, Cold Milk

\*\* MENU SUBJECT TO CHANGE\*\*

\*\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER\*\*\*

^DENOTES WHOLE GRAIN/WHOLE WHEAT\*\* Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare:  
1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After  
Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 6 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from  
"The Parental Request Form" Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A "Medical Statement" Which Is On File. 6. Adults in Daycare  
Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily. ^DENOTES WHOLE GRAIN/WHEAT ALL MEALS SERVED WITH  
APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\*MENU SUBJECT TO CHANGE\*\* \*\*\*This institution is an equal opportunity provider. \*\*\*  
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letter addressed to USDA and provide in the letter all of the information requested