

Trinity Christian School(High School Lunch)
2023

Monday	Tuesday	Wednesday	Thursday	Friday
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Three Bean Chili w/gTurkey^Corn Muffin, Southwest Macaroni and Cheese, Carrots, Peas, Mixed Fruit, Apple, Cold Milk	Chicken Tacos, Three Bean Chili w/g Turkey , ^Corn Muffin ^Tortillas, Corn, Carrots, Grape Juice, Apple Slices, Cold Milk	Tomato soup, Grilled Cheese, ^WGR Bread, Chicken Tacos, Pineapple, Mandarin Oranges, Green Beans, Mixed veggies, Cold Milk	BLT Cobb Shaker ^Rotini, Tomato soup, ^Grilled Cheese, Peaches, Orange, Carrot Sticks, Sweet Peas, Cold Milk	BBQ Beef Meatballs, ^Macaroni N Cheese, BLT Cobb Shaker ^Rotini, Corn, Green Beans, Pears, Apple, Cold Milk
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Beef Hot Dog on ^Bun, BBQ Beef Meatballs, ^Macaroni N Cheese, Cole Slaw, Mixed Fruit, Apple Juice, Cold Milk	Chicken Strips, ^Roll, Beef Hot Dog on ^Bun, Carrot Sticks w/Ranch, Green Beans, Mandarin Oranges, Applesauce, Cold Milk	Beef Hamburger On ^Bun, Chicken Strips, ^Roll, French Fries, Mixed Veggies, Grape Juice, Mandarin Oranges, Cold Milk	^Beef Spaghetti w/noodles, ^Garlic Bread, Beef Hamburger On ^Bun, Green Beans, Sweet Peas, Pears, Peaches, Cold Milk	^Breaded Chicken Nuggets^Beef Spaghetti w/noodles, ^Garlic Bread, Sweet Potato's, Baked Beans, Orange, Pears, Cold Milk
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Chicken w/Alfredosauce pinne ^Roll, ^Breaded Chicken Nuggets, Diced Carrots, Sweet peas, Apple Slices, Orange, Cold Milk	Three Bean Chili w/gTurkey ^Corn Muffin Chicken w/Alfredo sauce pinne ^Roll, Green Beans, Mixed Veggies, Peaches, Pears, Cold Milk	Chicken Tacos, ^Tortillas, Three Bean Chili w/gTurkey ^Corn Muffin, Black Beans, Corn, Mixed Fruit, Apples, Cold Milk	Tomato soup, Grilled Cheese, ^WGR Bread, Chicken Tacos, ^Tortillas, Oranges Slices, Banana, Carrots and Peas, Cold Milk	BLT Cobb Shaker ^Rotini, Tomato soup, Grilled Cheese, ^WGR Bread, Peaches, Mandarin Oranges, Sweet Potato Fries, Cold Milk
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
BBQ Beef Meatballs, ^Macaroni N Cheese, BLT Cobb Shaker ^Rotini, Baked Beans, Sweet Peas, Apple, Peaches, Cold Milk	Beef Hot Dog on ^Bun, BBQ Beef Meatballs, ^Macaroni N Cheese,, Cole Slaw, Potato Wedges, Mandarin Oranges, Apple Juice, Cold Milk	Chicken Strips, ^Roll, Beef Hot Dog on ^Bun, Carrot Sticks w/Ranch, Garden salad, Orange Applesauce, Cold Milk	Beef Hamburger On ^Bun, Chicken Strips, ^Roll, French Fries, Green Beans, Apple, Mixed Fruit, Cold Milk	^Beef Spaghetti w/noodles,, ^Garlic Bread, Beef Hamburger On ^Bun, Sweet Peas, Diced Carrots, Applesauce, Pears, Cold Milk
10/30/2023	10/31/2023			
^Breaded Chicken Nuggets, Beef Spaghetti w/noodles, ^Garlic Bread, Sweet Potato Fries, Sweet Peas and Carrots, Pineapple, Apple, Cold Milk	Chicken w/Alfredo sauce pinne ^Roll, ^Breaded Chicken Nuggets, Diced Green Beans, Corn, Apple Juice, Apple Slices, Cold Milk			

Nondiscrimination Statement

^DENOTES WHOLE GRAIN/WHEAT ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. **MENU SUBJECT TO CHANGE** ***This institution is an equal opportunity provider. *** In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested