

OCTOBER 2023

Trinity Child Care (K-6th)
PM SNACK
2023

Monday	Tuesday	Wednesday	Thursday	Friday
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Yogurt, ^Graham Crackers	^Goldfish Crackers String Cheese	^Mini Blueberry Muffin Cold Milk	Apple Juice ^Wheat Thins	^Animal Crackers Orange Slices
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
^Sun Chips Apple juice	Graham Crackers String cheese	Bananas ^Goldfish Cracker	^Cheerios Cereal Milk	Tortilla Cheese Sauce
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Fruit cup ^Wheat Thins Crackers	Yogurt ^Graham Crackers	Goldfish Crackers String Cheese	^Mini Blueberry muffin Cold Milk	Apple Juice ^Wheat thins
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
^Animal Crackers Orange Slices	^Prezel Apple Juice	^Crackers String Cheese	Orange slices ^Goldfish Crackers	^Cheerios and Milk
10/30/2023	10/31/2023			
Fruit Cup ^Crackers	Yogurt ^Graham Crackers			

** MENU SUBJECT TO CHANGE**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

^DENOTES WHOLE GRAIN/WHOLE WHEAT

** Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare: 1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 5 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from "The Parental Request Form" Which is On File. 5. Any Milk Substitute That Has Been Ordered Through A "Medical Statement"

Which is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily. **Nondiscrimination statement**^DENOTES WHOLE GRAIN/WHEAT ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. **MENU SUBJECT TO CHANGE** ***This institution is an equal opportunity provider. *** In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested