

Trinity Christian Child Care

OCTOBER 2026

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			10/1/2026	10/2/2026
A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY		^French Toast Sticks Scrambled Eggs Syrup cup Apples Cold Milk	Multi Grain Cheerios Oranges Cold milk
10/5/2026	10/6/2026	10/7/2026	10/8/2026	10/9/2026
Multi Grain Cheerios Apples Cold milk	^Buttered Toast Turkey Sausage Patty Oranges Cold Milk	Scrambled Eggs Hash Browns Banana Cold Milk	Yogurt ^Graham Crackers Apples Cold Milk	Multi Grain Cheerios Oranges Cold milk
10/12/2026	10/13/2026	10/14/2026	10/15/2026	10/16/2026
Multi Grain Cheerios Bananas Cold milk	^French Toast Sticks Scrambled Eggs Syrup cup Apples Cold Milk	Turkey Sausage Biscuit ^Graham Crackers Oranges Cold Milk	Waffles Turkey Sausage Links Bananas Cold Milk	Multi Grain Cheerios Apples Cold milk
10/19/2026	10/20/2026	10/21/2026	10/22/2026	10/23/2026
Multi Grain Cheerios Oranges Cold milk	Yogurt ^Graham Crackers Bananas Cold Milk	^Buttered Toast Turkey Sausage Patty Apples Cold Milk	Scrambled Eggs Hash Browns Oranges Cold Milk	Multi Grain Cheerios Bananas Cold milk
10/26/2026	10/27/2026	10/28/2026	10/29/2026	10/30/2026
Multi Grain Cheerios Apples Cold milk	Turkey Sausage Biscuit ^Graham Crackers Oranges Cold Milk	^Waffles Turkey Sausage Links Bananas Cold Milk	^French Toast Sticks Scrambled Eggs Syrup cup Apples Cold Milk	Multi Grain Cheerios Oranges Cold milk

** MENU SUBJECT TO CHANGE**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

^DENOTES WHOLE GRAIN/WHOLE WHEAT

** Milk (Dairy and Substitutes) Are Served at This Center According to Rules 1 – 5 # 6 If an Adult Daycare: 1. Unflavored: Whole Milk or Non-Dairy Substitutes - First Birthday Up to The Second. 2. Unflavored: 1%, Skim or Non-Fat Milk or Non-Dairy Substitutes - After Second Birthday. 3. Flavored 1% Dairy Milk or Flavored Substitutes – 6 years and Over Only 4. One of the Seven Approvable Soy Milks or Lactose Free Dairy from “The Parental Request Form” Which Is On File. 5. Any Milk Substitute That Has Been Ordered Through A “Medical Statement” Which Is On File. 6. Adults in Daycare Only – Flavored or Unflavored Milk; Fluid Milk May Be Replaced with Yogurt Once Daily

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October 2026

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			10/1/2026	10/2/2026
A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY		Chicken Nuggets ^Wheat Crackers Sweet Peas Mixed Fruit Cold Milk	Beef Hot Dog ^Wheat Bun Sweet Potato Fries Pears Cold Milk
10/5/2026	10/6/2026	10/7/2026	10/8/2026	10/9/2026
Ground Turkey Tacos ^Crunchy Shell Cheese & Shredded Romaine Corn Mandarin Oranges Cold Milk	Teriyaki Chicken ^Brown Rice Carrots Pineapples Cold Milk	Ground Beef Spaghetti ^Wheat Roll Green Beans Sliced Apples Cold Milk	Chicken Sandwich ^Wheat Bun Sweet Potato Fries Mixed Fruit Cold Milk	Chicken Alfredo on Linguine Noodles ^Wheat Crackers Broccoli Peaches Cold Milk
10/12/2026	10/13/2026	10/14/2026	10/15/2026	10/16/2026
Hamburger on ^Wheat Bun Tater Tots Applesauce Cold Milk	Smothered Chicken and Mash Potatoes with Gravy ^Wheat Roll Carrots Peaches Cold Milk	Chicken Nuggets ^Wheat Crackers Sweet Peas Mixed Fruit Cold Milk	Beef Hot Dog On ^Wheat Bun Sweet Potato Fries Pineapples Cold Milk	Ground Beef Tacos ^Crunchy Shell Cheese & Shredded Romaine Corn Pears Cold Milk
10/19/2026	10/20/2026	10/21/2026	10/22/2026	10/23/2026
Teriyaki Chicken ^Brown Rice Carrots Mandarin Oranges Cold Milk	Ground Beef Spaghetti ^Wheat Roll Green Beans Pears Cold Milk	Chicken Sandwich ^Wheat Bun Sweet Potato Fries Mixed Fruit Cold Milk	Chicken Alfredo on Linguine Noodles ^Wheat Crackers Broccoli Peaches Cold Milk	Hamburger on ^Wheat Bun Tater Tots Pineapples Cold Milk
10/26/2026	10/27/2026	10/28/2026	10/29/2026	10/30/2026
Smothered Chicken and Mash Potatoes with Gravy ^Wheat Roll Broccoli Peaches Cold Milk	Chicken Nuggets ^Wheat Crackers Sweet Peas Mixed Fruit Cold Milk	Beef Hot Dog On ^Wheat Bun Sweet Potato Fries Applesauce Cold Milk	Ground Beef Tacos ^Crunchy Shell Cheese & Shredded Romaine Corn Pineapples Cold Milk	Teriyaki Chicken ^Brown Rice Carrots Mandarin Oranges Cold Milk

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October 2026

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			10/1/2026	10/2/2026
A VARIETY OF 1% MILK AND SOYMILK IS SERVED DAILY	WHOLE GRAIN ENTRÉE IS SERVED DAILY		Goldfish String Cheese	Juice Cup Shaped Graham Crackers
10/5/2026	10/6/2026	10/7/2026	10/8/2026	10/9/2026
Graham Crackers String Cheese	Fruit Cup Sun Chips	Yogurt Graham Crackers	Muffins String Cheese	Shaped Graham Crackers Juice cup
10/12/2026	10/13/2026	10/14/2026	10/15/2026	10/16/2026
String Cheese Goldfish	Carrot sticks and Ranch Graham Crackers	Sun Chips String Cheese	Fruit Cup Graham Crackers	Pretzels Applesauce
10/19/2026	10/20/2026	10/21/2026	10/22/2026	10/23/2026
Fruit Cup Sun Chips	Yogurt Graham Crackers	Muffins String Cheese	Shaped Graham Crackers Juice	String Cheese Goldfish
10/26/2026	10/27/2026	10/28/2026	10/29/2026	10/30/2026
Carrot sticks and Ranch Fruit Cup	Sun Chips String Cheese	Juice Cup Graham Crackers	String Cheese Goldfish	Yogurt Graham Crackers

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